

Burkwood Sports Camp

Presented By: Overtime Athletics

Come to Burkwood for SPORTS CAMP this summer! Activities include basketball soccer, wiffleball, flag football, volleyball, kickball, field day events and swimming! Camp will focus on basic skills for each sport. Our goal is to introduce kids to a variety of sports and games, to encourage sportsmanship, teamwork and having FUN!

****This camp is open to Burkwood Members Only.****



Camp Features:

Individual Instruction and Team Games
Camp T-Shirt and Other Giveaways
Group Teaching Stations
The LOLLIPOP SHOT
Swimming

Dates: Monday August 16 - Thursday August 19

Time: 8:30am - 1:00pm

Cost: \$110

Ages: 6-10 years old

What to Bring: Water bottle, swim suit and towel, bag lunch or money to purchase lunch from snack bar.

Sample Daily Schedule:

8:30 - Check In, Free Play

8:45 - Warm Up Games

9:30 - Skill Stations

10:30 - Pool

11:15 - Scrimmages and Games

12:30 - Lunch

1:00 - Wrap Up, Awards, Dismissal

To Register

Go to www.overtimecamps.com

Click on Richmond, VA Camps

Click on Burkwood Sports Camp